



2016 AAU Northern Indoor National Track & Field Championship

Schedule



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Sat - Mon, January 16-18, 2016
Auburn High School Fieldhouse
5110 Auburn St.
Rockford, IL 61101

**2016 AAU Indoor National
Track & Field Championship
January 16-18, 2016**

Sanction: Amateur Athletic Union (AAU)

Location: Auburn High School Fieldhouse, Rockford, Illinois

Host: AdkinsTrak Running Club

Rules: USA Track & Field Youth Athletics Rules and AAU Handbook

Meet Director:

Marchan Adkins
Phone (309) 838-4130
Email: Marchan@AdkinsTrak.com

Eligibility:

This meet is open to any athlete that falls within the age divisions listed below. AAU individual and club memberships can be obtained through the AAU National Website www.aausports.org. Each athlete aged 13-22 may enter in up to a maximum of 4 events including relays. Athletes aged 12 and younger based on year of birth below, may only enter in 3 events including relays. **If an athlete is entered into too many events, meet management reserves the right to reject the athlete from one or more events without notification.**

Age Divisions:

Age divisions are determined by year of birth. Listed below are the AAU Age Divisions.

Age Division

5-6 Year Old Girls/Boys (Born 2010 and 2011)
8 & Under Girls/Boys (Born 2008 and later)
9 Year Old Girls/Boys (Born 2007)
10 Year Old Girls/Boys (Born 2006)
11 Year Old Girls/Boys (Born 2005)
12 year Old Girls/Boys (Born 2004)
13 Year Old Girls/Boys (Born 2003)
14 Year Old Girls/Boys (Born 2002)
15-16 Year Old Girls/Boys (Born 2000-01)
17-18 Women/Men (Born 1997*-1999)
19-22 Women/Men (Born 1994-1997)

Limitations

Maximum 3 Events**
Maximum 3 Events including relays
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Maximum 4 Events**

***Athletes who are born in 1997 and will not turn 19 years of age during the meet are eligible to compete in the Young Womens/Mens divisions.**

****Athletes entering the 5-6 and 19-22 age divisions will not be counted toward the overall Team Awards.**

Fees:

Entry fee is \$35.00 for each **athlete** for track and field events. No entry fee will be transferred or refunded. **Entry will not be processed unless entry fee is paid by deadline. Bring a legible copy of a birth certificate or proof of age, along with a 2016 AAU membership card for each athlete entered; Do not send in advance. All entry fees must be paid online.**

Entry Process:**Teams:**

All teams and unattached athletes must utilize the online entry process via www.aauathletics.org. This will permit a very efficient registration process that is easy to use. Everyone will have until 9pm CST, Monday, January 11 .to complete registration.

Immediately after registering online, you will receive a receipt from the website, which will produce a list of all athletes registered for the meet. This receipt should be used as your transcript of your meet entries. If your athletes do not appear on the confirmation, they are not registered for the meet. Please take care of these issues prior to arriving in Rockford, if at all possible. ***Absolutely no entries will be accepted after January 11.***

Packet Pickup:

A packet will be provided for each team consisting of team roster and events entered. A team representative will be responsible for picking up the packets. All teams are urged to pickup packets on Friday as the lines on Saturday can be long. Packets can be picked up at the track facility on Saturday, January 16, from 7:00AM-3:00PM and on Sunday, January 17, from 7:00AM-1:00PM. Be sure to bring birth certificates and 2016 AAU cards with you when you pick up packets.

Awards:

In individual events, awards will be presented for participants who finish 1st-8th place. Relay participants will receive awards for 1st –3rd place finishes.

Team Awards:

Each event will be scored. Teams that finish 1st in each age division will be awarded a plaque. The top 3 teams that accumulate the most points throughout the meet will be awarded trophies as well. Team awards will be presented at the conclusion of the meet in an award ceremony.

Facility:

The Auburn Fieldhouse is brand new. This will be the 2nd major track meet hosted in the facility. The facility boasts an entirely new 9-lane straightaway as well as providing 6 lanes around the oval. **Only 1/8" or smaller pyramid spikes are allowed.** Fully Automatic Timing & results will be done by AdkinsTrak Timing Associates using Finishlynx Cameras interfaced with Hy-Tek Meet Manager. No radios, glass containers, or alcoholic beverages are allowed in the facility.

Refreshments:

A Full Service Concession Stand will be provided as well as a hospitality area for officials.

Equipment:

Starting blocks will be provided by the meet management. There is no need to bring any with you. Those that desire to utilize personal implements must obtain clearance from the event official prior to use. If personal implements are used, they will not be released until the end of the competition for that age group.

Admission:




A charge of \$7.00 admission will be assessed for everyone not competing in the meet. Teams will be given coaches passes for every 8 competitors participating in the meet up to a maximum of 5.

Airline Travel:

Rockford is a little more than 1 hours from O’Hare (ORD) and almost 2 hours away from Midway (MDW) airports. Rockford has its own regional airport as well.

Host Hotel:

The Fairfield Inn & Suites will serve as the host hotel for the meet. Hotel information is listed below:

Hotel	Location	Phone	Amenities	Rate
	7651 Walton Street Rockford, IL 61108	815-398-7400	Free Breakfast Indoor Pool	TBD
	615 Clark Drive Rockford, IL 61107	815-229-0404	Free Breakfast Indoor Pool	TBD
	7675 Walton Street Rockford, IL, 61108	815-229-3322	Free Breakfast Indoor Pool	TBD

Please be sure to indicate that you are participating in the AAU Track & Field Indoor Meet. Rooms must be reserved by December 17 to ensure you get the best rate.

Event Schedule

Saturday, January 16 *Track & Field*

- 9:00 Pole Vault**
13G, 14G, 15-16G, 17-18G, 13B, 14B, 15-16B, 17-18B
- 9:00 Triple Jump**
13G, 14G, 15-16G, 17-18G, 13B, 14B, 15-16B, 17-18B
- 9:00 Shot Put**
8G, 8B, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B
- 9:00 High Jump** (*No Spikes can be used – non spikeable surface*)
8G, 8B, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B
- 9:00 3000 Meter Run Finals**
Ages 11-18 Girls and Boys
- 11:00 200 Meter Dash Prelims**
All Age groups starting with 8&U – (Top 8 to Finals)
- 1:00 1600 Meter Racewalk Finals**
.....Ages 9-12 Girls and Boys
- 1:30 3000 Meter Racewalk Finals**
.....Ages 13-18 Girls and Boys
- 2:30 60 Meter Hurdles Prelims (top 8 times to finals)**
Ages 11-18 Girls and Boys

Sunday, January 17 – *Track Events*

Running Events -

- 9:00 4X200 Meter Relay Finals –**
8G, 8B, 9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B
- 10:30 800 Meter Run Timed Finals**
All age groups starting with 8&U (Timed Finals)
- 12:00 60 Meter Dash Prelims –**
All age groups starting with 8&U (top 8 times to finals)
- 1:30 400 Meter Dash Finals**
All age groups starting with 8&U (Timed Finals)

Sunday, January 17 – Field Events

Field Events - (NOTE: All events begin at 9:00am)

Long Jump

8G, 8B, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 14G

High Jump (No Spikes can be used – non spikeable surface)

13G, 14G, 15-16G, 17-18G, 13B, 14B, 15-16B, 17-18B

Shot Put

13G, 14G, 15-16G, 17-18G, 13B, 14B, 15-16B, 17-18B

Monday, January 18 – Track & Field Events

Running Events - (NOTE: First event will start at 8:30am. Rolling Schedule thereafter)

200 Meter Dash Finals

All age groups starting with PG (top 8 times from Prelims)

1600 Meter Run Finals (Age groups may be combined by gender)

All age groups starting with 8U

60 Meter Hurdles Finals

Ages 11-18 Girls and Boys

60 Meter Dash Finals

All age groups starting with 8U (top 8 times from Prelims)

4 x 400 Meter Relay Finals

8G, 8B, 9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B

Team Award Presentations

Field Events

9:00 Long Jump

15-16G, 17-18G, 13B, 14B, 15-16B, 17-18B