



MEET INFORMATION



Louisiana Governor's Games Youth Indoor Track and Field Classic (Clubs and Unattached Athletes)

Sanctioned by USATF

February 28, 2015



Carl Maddox Field House, LSU
Baton Rouge, LA

Meet Directors: **Byron Turner**

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ENTRY INFORMATION AND INSTRUCTION

AGE DIVISIONS

Age (As of December 31, 2015)	
	8 yrs and under
	9 – 10 yrs old
	11 – 12 yrs old
	13 – 14 yrs old
	15 – 16 yrs old
	17 – 19* yrs old
	* athletes born in 1994 are also eligible if they do not turn 19 on or before 8/1/2015
Open:	19 yrs and older
Masters:	30 yrs and older



Entry Procedure

1. All entries will be done electronically through www.coacho.com
2. Entry Deadline is **February 25th at 10 pm.** Entries may be made as early as **Sunday, November 2nd**. You may make changes on line as often as you wish until the entry deadline.
3. No entries will be accepted after the deadline AND NO ON SITE REGISTRATION ALLOWED.

Entry Fees

1. Entry fee for youth athlete will be **\$8.00** per athlete which includes cost for relays.
2. Payment will be made online through online registration ONLY.

PACKET PICKUP

Coaches can pick up their team's meet packet at check in area identified in Southwest Portal (athletes and coaches entrance) of the Field house at least 1 ½ hour prior to the start of the first event. Unattached athletes should collect their packets from same area during same time.

AWARDS

Medals will be awarded to the top 3 finishers in every age group. T-shirts will be provided to all participants. Compliments of the Louisiana Office of Physical Fitness.

SANCTION

Event is being Sanction by USATF.

MEET PACKETS

Packets may include heat sheets, time schedule, wrist bands and bib numbers.

MEET ADMISSION

General Public Admission cost is **\$5.00**.

Coaches and spectators with valid proof of 2015 USATF Membership are free. You must have evidence of membership for free entry.

ATHLETE CHECK-IN

Running Events: Athletes must check in one event prior to their own event at the check-in area (Clerk of Course, in the Northwest Portal).

Field events: Athletes must check in 15 minutes prior to the start of their event with the Head Judge of that event at the event site.

Relay Events: Relay teams should check in one event prior to their own event at the check-in area (Clerk of Course, in the Northwest Portal). Relay teams should pick up a relay card in the Clerking area, fill it out, and turn it in to the clerk of course.

WARMUPS

Running Events: Warm ups for all running events will be outside on the grass field outside the Northwest Portal of the Fieldhouse.

Field Events: Athletes will have access to field event venues for warm ups approximately 45 minutes prior to the scheduled start of competition. Warm ups for field events will be terminated ten minutes prior to the scheduled start of the event. In the high jump, measuring tapes may not be used within 30 minutes of starting time.

HOTEL

Visit www.usexpresstrackclub.org for link to hotels



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Meet Schedule

Field Event

9:00 am	Long Jump	Age 5 - 18
	Shot Put	Age 7 - 18
	Pole Vault	Age 13 - 18
	Triple Jump	Age 13 – 18 (Upon completion of Long Jump)
10:00 am	High Jump	Age 9 - 18

Running Event

12:00 pm	4x200m Relay	Age 5 - 18
	60m Hurdles	Age 11 - 18
	3000m	Age 15 - 18
	60m Dash	Age 5 - 18
	1600m Race Walk	Age 7 - 18
	400m	Age 7 - 18
	1500m	Age 9 - 18
	200m	Age 5 - 18
	800m	Age 7 - 18
	4x400m Relay	Ages 14 and under

All events will follow age group order with all female age groups competing prior to male. In Youth events: 60m, 200m & 400m limited to only 5 entries per team per age group unless approved by meet management. Relays are limited to only two teams per age group. If limited participants in respective age groups, meet management reserve the right to combine heats, however awards and scoring will be done based on age groups.

All running events will be finals with heats against times.

All events will follow age group order with all girls' age groups competing prior to boys.

Field Events will be contested with ONLY 3 attempts except in high jumps and pole vaults. There competition rules apply.



Special Thanks to the Governor's Games for providing the competitor's awards and t-shirts for the volunteers.